



MORGAN JONES | PHOTO ILLUSTRATION  
Missouri has been one of the states hit hardest by the Influenza virus in the United States this winter. The Wellness Center advises students experiencing flu like symptoms to self-isolate, not go to class and seek medical care as soon as possible.

# Influenza infects Northwest campus

**RACHEL ADAMSON**  
Asst. News Editor | @racheladamsonxi

Cases of the flu in Maryville have been spiking following the beginning of the year. Judy Frueh, Assistant Director at the campus Wellness Center said flu season hit at the expected time period in comparison to previous years.

“We’ve seen (flu cases) ever since we came back to classes,” Frueh said. “Last week, I talked with the health department a little bit, and they said we’ve seen a spike since the first of the year. It is on the rise. Have we hit the high? I’m not sure about that yet.”

Frueh said students living in close proximity, like dorm halls and apartment complexes, are at a higher risk of getting the flu.

“Protect yourself, stay away from someone who is coughing and sneezing, wash your hands properly those are all things that can help to protect you,” Frueh said.

Symptoms of the flu can include a fever, coughing, chills and nausea. If students are experiencing these, Frueh said the Wellness Center welcomes walk-ins or students can make an appointment by going to their website or calling.

“Usually, what we’re seeing

with flu symptoms is a fever, fatigue,” Frueh said. “If (students) start seeing that, right away, do not go to class. The number one thing would be to self-isolate, get to the doctor or clinic.”

Northwest junior Autumn Burleson has been sick with the flu since Monday.

“I went to the Wellness Center and they diagnosed me off of my symptoms and prescribed me Tamiflu,” Burleson said.

Frueh said the Wellness Center staff can offer Tamiflu, but Tamiflu can be expensive without insurance.

“A lot of it is to take care,” Frueh said. “You know how you’re feeling already. Ibuprofen, Tylenol or other over-the-counter medicine can get you through; lots of rest, lots of hydration is the way to go.”

The Wellness Center staff has been encouraging those who have not been exposed to the flu, to get the flu shot since September.

“We have given a lot of flu shots and they are still available,” Frueh said. “I want to emphasize, students that come in and may have been exposed to the flu now is not the time to get a flu shot. It takes two weeks to build their immune system up. If they come in

now because they have been exposed to the flu, that doesn’t mean (the flu shot) is going to protect them at all.”

Burleson did not get a flu shot. She said the doctor’s office told her the flu shot this year was expected to be 10 percent effective.

“In the future, I am honestly not sure if I would (get the flu shot) since they are only 10 percent effective. Although, if the (flu) shot had a greater percentage of effectiveness, I would consider it.”

The Maryville Health Department told Wellness Services the majority of people coming in with the flu did not receive the flu shot.

“Typically, if you do get the flu shot and wind up getting the flu, it’s usually a milder case and people can bounce back a little quicker,” Frueh said.

For those exposed to the flu, Frueh recommends going to every measure to keep healthy.

“You might want to consider some vitamins over-the-counter, getting plenty of sleep, exercising, and drinking lots of water,” Frueh said. “Anytime that you’re not getting enough sleep, anytime that you’re overly stressed, alcohol and drugs can all decrease the immune system.”

# App-based transit rolls into Maryville area

**SAMANTHA COLLISON**  
Chief Reporter | @SammieCollison

Uber and Lyft became available and operational in Maryville last week when the city code was changed to match state law, according to City Manager Greg McDanel.

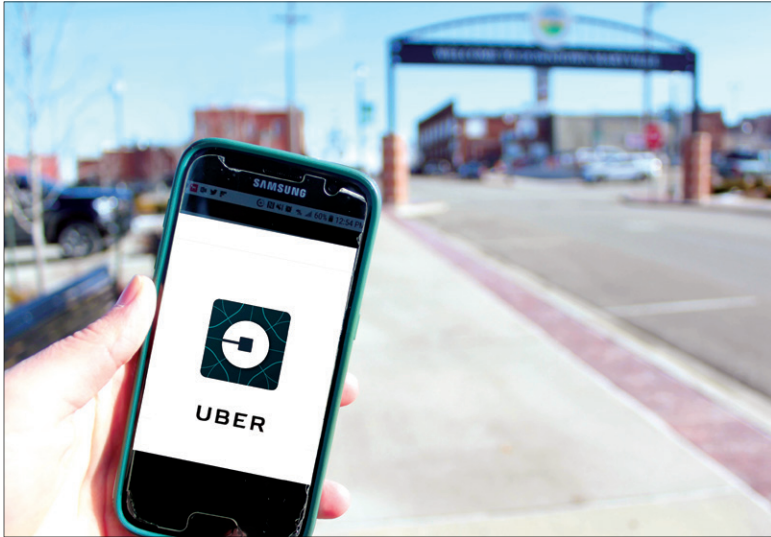
App-based transit systems are regulated by the state. The only thing prohibiting Uber and Lyft from coming to Maryville was an outdated piece of the city code.

“Both apps are growing in location options. House Bill 130 signed by Gov. Greitens April 24, 2017 established regulations for Transportation Network Companies (app-based transit) thereby allowing them to operate in Missouri,” McDanel said.

McDanel estimated there are at least four Uber drivers and at least one Lyft driver operating in the city.

The arrival of the services in Maryville is a relief to residents concerned about accidents like the crash that killed Northwest student Morgan McCoy Jan. 7 happening again. In an interview with the Maryville Forum, McDanel said the accident “heightened the need” for the services.

As well as helping non-students who cannot use services like SafeRides, the services will benefit international students.



MADI NOLTE | PHOTO ILLUSTRATION  
App-based transit services Uber and Lyft are now available in Maryville following a recent change in city code.

Freshman Sandesh Adhikari is a frequent user of SafeRides shuttles and late-night transport as well as Northwest Taxi and plans to use Uber and/or Lyft.

“I’ll use Uber and Lyft in the future because SafeRide vans sometimes take a long time to come, same with the Northwest Taxi because of a limited number of vehicles,” Adhikari said. “The operating time of Northwest Taxi and SafeRide is also one of the problems, whereas that is not going to be the case with Uber or Lyft; I can use it at my time of

convenience. I don’t have to worry about waiting and missing the SafeRide shuttle.”

As well as being limited by time, sophomore Roshan Thalal said he was frustrated by the location limitations of on-campus services.

“A lot of the time it’s very hard to get transportation. I have to count on some random person for a ride every time I want to go out town, like to the airport, Kansas City, or St. Joseph,” Thalal said.

SEE **UBER** | **A5**

# Email Hacking

## INFORMATIONAL DO'S & DONT'S

**REPORT**

Any suspicious emails should be reported to Northwest and then deleted

**WATCH WHO SENDS**

Read the full email address and not just the few words you see

**LINKS**

Look closely at the links provided

**BE CAUTIOUS**

Listen to your users, it will help you develop new products and improve on the existing ones

**EMAIL**

Don't email any financial information through your

**CLICK**

Don't click on any link from suspicious emails, or links that look suspicious

**GIVE AWAY**

Don't give away passwords, usernames, social security number, or other personal information

If you have questions about your Northwest email or want to report a concerning email contact the Information Technology Help Desk at 660.562.1634

MYRANDA NERUD | NW MISSOURIAN

# Northwest warns students not to take the bait in phishing emails

**KATIE STEVENSON**  
News Editor | @KatieSStevenson

Northwest educational email has been the target of multiple phishing email scams aimed at getting personal information from people on campus.

Phishing is a form of fraud or theft executed by deceit. According to Northwest Information Technology website: “the fraud takes the form of an individual or individuals pretending to be a legitimate company or person in an email, text message or other social media communication method in order to obtain your login credentials or sensitive account information.”

Computer Science professor Michael Oudshoorn said phishing emails will often either ask you for personal information or download a program onto your computer.

“So, if you look at the content of a phishing message it typically says something like ‘hey I am the IRS you haven’t file your taxes and if you don’t do this’, and it gives you some kind of threat to give you some sense of urgency, ‘then this will happen, click here’,” Oudshoorn said.

The links in phishing emails often will lead people to a site that steals personal information Oudshoorn said.

“That link will often take you to a website that will often either ask you for some type of personal information or may download a program onto your machine that will often do things like scan your disk or delete files,” Oudshoorn said. “So, that’s your risk, personal information might be stolen or some payload may be delivered

to your machine where they will launch more additional attacks or they start stealing information from your machine.”

Phishing emails can be particularly hard to prevent, Oudshoorn said, making it near impossible for Northwest to prevent the emails from coming through.

“Northwest has a firewall in place so all the traffic coming onto campus has to go through the firewall,” Oudshoorn said. “Now if we know that these phishing emails are coming from a particular email address, then we can block them. However, whenever the attack starts they send out thousands of those emails. So if I sent out an email to every single student, that message would be in your inbox waiting for you before the first person reads it because they were all sent out simultaneously. There is no way Northwest can stop that because this email address has never been seen before; they’ve got no reason to believe it should be blacklisted, so the mail comes through.”

Oudshoorn said the best way to fight these email scams is to be smart about the mail you are receiving and to report any possible phishing emails.

“There is not much Northwest can do about this which is why phishing exploits like this really need the recipient to be wise,” Oudshoorn said. “It is only when students start to report that they are getting this email coming from this particular email address Northwest can block that address and prevent any additional traffic coming from them...”

SEE **PHISHING** | **A5**



# GIVING BACK

## Annual blood drive helps Maryville and surrounding communities

**MATTHEW BERRY**  
Chief Reporter | @TheMatthewBerry

The First United Methodist Church held its annual blood drive ran by the Community Blood Center.

The blood drive was held Jan. 16 from 11 a.m to 7 p.m at United Methodist Church in Maryville. Collections Supervisor for the Community Blood Center Mike Capps said this is one of the regular blood drives held at First United Methodist, with each one spread roughly eight weeks apart.

Capps said the Community Blood Center serves as a collection agency for blood.

“We take on the work of collection, testing, processing, storage and then transportation, because blood’s a very touchy thing,” Capps said.

The blood collected is then sent to one of the 75 regional hospitals served by the Community Blood Center.

“We are kind of like a contract collection agency,” Capps said. “We collect for the small regional hospitals around here like the Fairfax and Maryville hospitals. Pretty much any of the small regional hospitals you see out in the country, we supply them (with blood).”

For this particular blood drive, Capps expected 115 people to donate, which allows for approximately 230 people helped. These numbers make Maryville a good donation spot for Capps.

“This is always a really good drive for us,” Capps said. “Maryville is one of our favorite towns we come to. We do a very good turnout with our donors here, very loyal.”

Capps attributes this to the amount of regulars at this blood drive.

“A lot of these people you see in here today, if you were to come back here in March, you will see the same faces,” Capps said.

One of these people is Maryville resident Marissa Sav-



FILE PHOTO | NW MISSOURIAN

Maryville’s First United Methodist Church had a turn out of about 115 people to donate blood at their drive Tuesday, Jan. 16.

ille, who has donated since she was 16 and well over 100 times in total. The first time donating, however, was intimidating.

“I was terrified,” Saville said. “I didn’t know that I should eat or drink something beforehand, so I got really lightheaded and kind of passed out.”

Despite that, Saville said she still went back and did it again.

“Once I (had) done it, I realized it was not as big of a deal as

I thought it was gonna be.” Saville said.

Being nervous is not uncommon, as donator and Elmo, Missouri, resident Amanda Gibson explained.

“The first time, I was kind of nervous, but after the initial sitting down and the people treating you really well, it’s not bad at all,” Gibson said.

The first time nerves usually come from the needle, which

Capps pointed out is not that bad.

“I know a lot of people are afraid the needle will hurt,” Capps said. “Getting a sliver in your finger hurts worse than the needle in your arm does.”

The benefit of donating outweighs the needle for Capps.

“You never know, it may be you; it may be one of your family members that need it,” Capps said.

The potential to save some-

one’s life is something that Gibson reminds people of if they are deciding whether they should donate or not

“Just try it, it definitely never hurts to try, I mean you’re going to save somebody’s life,” Gibson said.

The Community Blood Center also runs the blood drives at Northwest, which are held by Student Senate.

# Core changes coming to general education courses

**KATIE STEVENSON**  
News Editor | @TheMissourian

Northwest’s general education courses are undergoing changes as the University transitions to a statewide core curriculum system.

The new course of study is called Core 42 and is being implemented by the Missouri Department of Higher Education (MDHE).

“Core 42 is a statewide general education course of study intended to ensure that all graduates possess a common core of college-level skills and knowledge,” according to MDHE. “Core 42 specifies the basic competencies and knowledge areas that all students completing degrees at a Missouri public institution of higher education must complete.”

Core 42 is comprised of dozens of courses and is designed to allow easy one-to-one transfer of courses among all Missouri public colleges and universities.

Associate professor of English Wayne Chandler said with Core 42, all institutions of higher education in Missouri will be teaching Core 42 courses for general education.

“The idea is to make transfer of general education courses among Missouri public colleges and universities as painless for the student as possible,” Chandler said. “Because each qualifying Core course at Northwest matches a Core 42 course, then each also matches the equivalent Core 42 course at every other Missouri state school.”

These changes will then make it much easier for transfer students to pursue their degree.

“This means when a student completes her gen ed program or gets an Associate of Arts degree at a Missouri community college... and transfers to Northwest, she can jump straight into her major and minor and get busy preparing

for her career field because she’ll be considered as having completed the Northwest Core already,” Chandler said. “It nearly goes without saying that this is preferable to a student’s transferring in than taking an extra term or even an extra year to complete Northwest Core courses whose equivalents from other schools won’t transfer, for whatever reasons.”

Northwest’s general education requires students to take 48 credit hours instead of the 42 that Core 42 will implement.

“The Northwest Core is a group of required courses in each degree that students take to complete general education requirements. The core consists of 48 credit hours that must be completed by graduation. The Northwest Core courses, combined with the major, minor and elective courses total a minimum of 124 credit hours,” according to the Northwest Core website.

Chandler said the changes made to Northwest’s core education will be minimal.

“Some of our current Core courses will probably not match closely enough with a Core 42 course, so will have to be removed from the Northwest Core. But we’re optimistic that the substantial majority of our courses will remain,” Chandler said. “The changes that students will most notice will be cosmetic. The course groupings of Foundations, Contexts, and Connections and most of the sub-groupings therein will go away, which is a little disappointing.”

Chandler also stated the new changes will have very little effect on students.

“Students might find they have fewer options—the current Northwest Core has eleven areas in which students are given some latitude in selecting their courses, and the new Northwest Core will

have six or seven, depending on how you count them,” Chandler said. “But in some of those six or seven areas, the choices are vast. So the new Core won’t be much, if any, more prescriptive than the old.”

While the changes may not have much of an effect on students, Chandler said professors would feel the effect of these changes.

“Unfortunately, some courses will probably wind up with fewer sections and lower enrollments, which is always ugly news for a professor,” Chandler said. “But we’re fighting hard—diplomatically, to be sure, but hard—to keep as many Northwest Core courses as we can, hoping that the effects on our faculty will be minimal.”

As Northwest undergoes changes, Chandler stresses the hard work and dedication of both students and professors will not change.

“Hundreds of hours of work went into fine-tuning the sequence and course matchings of the Northwest Core,” Chandler said. “Fortunately, and more importantly though, the content of the Northwest Core will remain, reorganized but recognizable, and the dedication and work that faculty and staff and students put into making the Core a substantive, valuable experience, both curricular and co-curricular, will not change.”

Chandler said these changes will be difficult at first but in the end, will greatly benefit Northwest.

“That having been said, this new Northwest Core came at us fast and hard, and there will be some growing pains and kinks to work out,” Chandler said. “But—not to honk our own horn too loudly—we’re Bearcats, man.”

**SEE FULL STORY ONLINE AT NWMISSOURIANS.COM**

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# Students X-PRESS themselves in new video studio

**ABBEY HUGO**  
Chief Reporter | @TheMissourian

The Northwest X-PRESS Studio, a workspace designed to allow students and faculty to produce professional-quality videos with the press of a button, opened on the second floor of B.D. Owen’s Library Jan. 23.

The studio was constructed by Learning and Teaching Center staff members Mike Grudzinski and Shandy Beck with help from Information Technology and under supervisor of Learning and Teaching Center Director Darla Runyon.

“The X-PRESS Studio is designed to allow students and faculty the ability to easily record video presentations without any previous video production experience,” Runyon said. “The X-PRESS Studio is designed so that a video project can be created without any worry about software, lights and cameras.”

The studio provides all the technology and space needed to efficiently complete any video project. The studio includes a monitor to project presentations, a microphone, camera and lights already set up and a computer kiosk complete with One Button Studio technology.

To use the studio, a student simply needs to retrieve the key from the Library Services Desk and follow the detailed Quick Start Guide that will be provided. Producing the video itself is as easy as inserting a flash drive, pressing one button to begin and end recording, then removing the flash drive complete with the new video.

The only catch is that flash drives must be the FAT32 format, an older, rarer model. But a FAT32 drive will be provided with all other necessary materials, and then students and faculty can simply transfer it to their computers.

Grudzinski, the Learning and Teaching Center’s video and web



MORGAN JONES | NW MISSOURIAN  
Shandy Beck addresses questions and provides additional information about the benefits and operation of the new X-PRESS Studio at its grand opening Tuesday.

conferencing specialist, said he is confident the X-PRESS Studio will be a popular resource when people learn just how easy it is.

Runyon emphasized that the studio is a helpful asset for both students and faculty.

“For students, this studio gives them a place to complete video projects in an organized and streamlined manner. For faculty, the studio provides another option for assignments and projects with-

out the worry of figuring out another technology,” Runyon said.

The One Button Studio was originally developed at Penn State and is now utilized by many universities across the country that strive to equip students with the newest and simplest video production technology.

“At the Learning and Teaching Center, we are always looking at what is out there. And if it’s something we can afford, we will

do that for them (the students),” Grudzinski said.


It was determined that Northwest would benefit from the addition of the X-PRESS Studio after the Learning and Teacher Center identified a students’ substantial need for aid with video assignments.

“The Learning & Teaching Center has assisted with video presentation projects and assignments in the past for some classes. It has been difficult to manage

the number of students needing assistance with a video project,” Runyon said. “X-PRESS Studio provides a great way to help students create these videos. We had seen similar studios at other universities and felt that this could be a great asset for Northwest as well.”

**SEE FULL STORY ONLINE AT NWMISSOURI NEWS.COM**

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After a year with Trump, US citizens cannot lose what hope they have



**JAMES CHRISTENSEN**  
Opinion Columnist  
@TheMissourian

A year ago I wrote a column prior to President Donald Trump being inaugurated and it is hard to believe it has been a year since I wrote that article.

I was initially concerned when Trump was elected into office. I did not think we would make it a month and then we would be off to war with North Korea. Upon reflection I am happy to say that prediction was wrong and we are all still here.

I am willing to admit I voted for Hillary Clinton during the presidential election, so I did not give Trump a fair chance prior to him taking office. I only went off of the huge personality I had seen on television when my parents would watch “The Celebrity Apprentice.”

Never would I have thought he would survive his first year in office, given the number of employees he has fired in the last 365 days has raised some concerns. I was full of doubt and skepticism when Trump began his first year in office.

While we have not been killed or sent off to war, Trump still scares me. Though, I will admit his Twitter has provided me with a good laugh whenever I needed one. His lack of research into a topic just makes me hysterical.

All of the joking aside, he has done almost nothing in office that has stuck.

His travel ban was stopped by the federal courts, his ban on transgender service members never happened and the amount of money spent on his various golfing trips could pay for my education at least four times over.

The one accomplishment of the funny orange man is the appointment of a new justice to the Supreme Court finally filling the spot left by Antonin Scalia when he passed away in 2016. He finally did end the hung bench of the Supreme Court and finally got them back to work.


Honestly, the only thing Trump has done that is good is not getting all of us killed. Unfortunately, he has made the United States a joke in the global community. The United Nations completely disagreed with us over the capital of Israel, and the world political community does not take the United States seriously anymore.

We have become the joke of the global community and that is going to have repercussions for years to come. This man thinks he is doing a good job, but he is nothing more than an overgrown Oompa Loompa who does not know how to act like an adult.

Hopefully these opinions will change over time as President Trump enters the second year of his term in office.

So this is my opinion after one year of Trump in office. Where we go from here is unknown, but I still have hope it will get better.

Consent is a many sided coin



**ANTHONY PROCOPIO ROSS**  
Opinion Columnist  
@AnthonyProcRoss

The words ‘sexual assault’ and ‘rape’ stop us in our tracks every time we hear or read them, and in contemporary American society, the exact definitions of these words are very rapidly becoming more pressing.

Trailing the scorched earth left behind by Hollywood’s very own Harvey Weinstein and his 90 plus accusers, many other well-known names are now being revealed as the guilty parties in acts of sexual assault and rape. These include celebrities such as comedian Louis C.K., actor Kevin Spacey and U.S. Gym Doctor Larry Nassar.

Harken back to social media for a moment, lest we forget the many spirited voices in the #MeToo movement, further ingraining a new wave of empathy countless numbers of social groups, and individuals for that matter, put forth for past, present and future victims. It is spreading and spreading fast.

Per usual, the soul of a generation is encapsulated in how it’s people perceive current issues. For example, the way Americans un-

derstood and dealt with issues of women’s rights 50 years ago is now drastically different than current societal standards. In Plato’s “Meno,” a slave boy, untutored in geometry, learns how to solve a geometrical theorem through asking questions. The point made thereafter is that having reached the answer himself, the boy must have held the answers within himself all along.

I believe that society is much like this boy when deciding the morality and ethics of topical issues. We know the answers already; we only need ask ourselves the difficult questions to get there.

One such question has risen and it is of the question of consent. I am sure we’ve all heard the phrases ‘Yes means Yes,’ and ‘No means No’ in regards to affirmative consent, but life tends not to be as simple as an on or off switch. Looking specifically at the current scandal posted originally by Babe.net, “I went on a date with Aziz Ansari. It turned into the worst night of my life,” What happens when nonverbal communication fails to convey discomfort and lack of interest? It is a difficult question to answer, one that I myself have no answer to, but nonetheless is important to direct our attention towards.

In a very brief summary of

Babe.net’s article on the matter, Ansari and ‘Grace,’ the pseudonym in use by a Brooklyn-based photographer, after heading back from an Oyster bar to Ansari’s residence, they shared a few drinks. Ansari reportedly made advances on Grace, repeatedly throughout the night. Eventually they engaged in sexual activities wherein Grace told Ansari “You guys are all the same, you guys are all the...same.” They exchanged texts the night after that were shared with Babe.net. One of Grace’s reads as follows.

“Last night might’ve been fun for you; it wasn’t fun for me. When we got back to your place, you ignored clear non-verbal cues; you kept going with advances. You had to have noticed I was uncomfortable.”

I encourage everyone to read the article to make an honest judgement of his actions for yourself, in lieu of the situation. As a white, university-going male, I am in no position to tell you who is in the right and who is in the wrong. I am simply asking for you to give the issue thought.

In a world where most communication involves the use of words, stating your opinion on things that matter to you, with words, is a key way for people to understand where you are coming from.

What I can tell you is that false

allegations hurt the movements that they try to support. In a perfect world, false allegations would be non-existent. In a perfect world, sexual assault and rape would not exist, but we do not, so there is conflict. In a perfect world communication would be flawless.

When celebrities are being called out for sexual misconduct, a lightbulb should be going off in everyone’s head about how society’s definition of rape and sexual assault are swiftly changing, or rather, coming to light. This should be taken in at a community standpoint as well, especially in college towns.

According to Missouri law, a person commits the offense of rape in the first degree if he or she has sexual intercourse with another person who is incapacitated, incapable of consent, or lacks the capacity to consent, or by the use of forcible compulsion.

Missouri law does not include statutes requiring affirmative consent, the overt actions or words indicating agreement for sexual acts. Missouri law does include statutes requiring freely given consent, or consent offered of the person’s own free will, without being induced by fraud coercion, violence or threats of violence.



COLIN VAUGHN | NW MISSOURIAN

OUR VIEW:

Uber, Lyft can save student lives

There’s plenty of things to be asked for in the small town of Maryville: more shopping options, better food choices, a chipotle. While most times none if these request are ever fulfilled, Maryville is finally getting an upgrade that is requested, needed and could even save lives. As of last week, Uber and Lyft drivers will be on deck and ready for service every evening.

Drunk driving, while a grim topic, needs to be discussed and handled accordingly. While most of us will lie and say ‘I don’t drink and drive,’ or ‘I don’t let my friends drink and drive,’ according to Mothers Against Drunk Driving (MADD) over nine million people report driving under the influence, with

ages 18-25 being the highest reported culprit for the issue.

This episodic issue is taking the lives of our friends and peers. The lack of responsibility we leave ourselves and our friends can cost our lives, but with reliance on apps Uber and Lyft we can change those chances drastically

Uber and Lyft takes off in Maryville, with four Uber drivers and one Lyft driver, we can began to bridge that gap of responsibility by using our resources. The majority of car crashes occur between the hours of midnight and 3 a.m., according to factretriever.com.

Although, the already established resources like Saferide and Northwest Taxi are not

always able to accommodate for every college students late night/early morning escapades, Uber and Lyft typically only run during these times.

Though, Uber and Lyft are not free of charge, like Saferide, the fares are inexpensive. Uber has a base rate of \$1.36 per mile and in the five mile long city of Maryville, sparing a few bucks to save another life or even your own, is definitely worth it

The main goal in bringing Uber and Lyft to Maryville is to decrease the amount of drunk driving, but these handy apps can assist in other areas too. Non-students who do not have access to Saferide now have an option for safe transportation to their destinations.

Students who do not own cars, but are working in town can rely on Uber and Lyft instead of making the unwelcome trudge through the cold weather. We have all needed roadside assistance when are cars fail us. Uber and Lyft can provide the ride home or to a local auto shop. As well as benefiting students, it benefits the community just the same.

The Maryville community is full support of our safe transportation resources. These four options for safely arriving to our destinations are the key to establishing accountability, getting home safe, providing convenience and saving our lives.

**STAFF**

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# Northwest receives military friendly award

**CAMERON MONTEMAYOR**  
Missourian Reporter | @TheMissourian  
For the sixth year in a row, Northwest was recognized for its excellence as a military friendly school.

In its annual evaluation of universities and organizations in the U.S., militaryfriendly.com labeled Northwest an outstanding choice for military members and their academic careers.

The website uses public data sources and school surveys to grade an institution by its level of commitment and support for the military community.

Northwest didn't just meet its expectations, it exceeded every one of its rating categories by an average of 30 percent. The highest rated aspects were academic policies, culture and commitment.

Only 64 percent of the 1,800 schools evaluated in the website survey received this designation.

"Northwest's recognition as a military friendly campus is something we should all be proud of," Northwest Provost Jamie Hooyman said. "I am honored to be a part of an institution that values the commitment and sacrifices of our armed forces."

Her responsibilities as Provost are to promote collaborative efforts and initiatives that shape academic life at Northwest.

University President John Jasinski signed an agreement to launch the Guard Officer Leadership Development program in January 2016 and partner with the National Guard's 129th Field Artillery Battalion.

According to Hooyman, it was an especially proud moment for her not only as Provost but also as a spouse of a retired military officer.

"It is our civic duty to be responsive to all students' needs and help them achieve their lifelong goals," Hooyman said.

Northwest is now two years into the program and going on its sixth straight military-friendly honor. President Jasinski says Northwest is proud of this recognition and the wealth of offerings available for military personnel.

"...Our military-friendly status stands as a testament to Northwest's gratitude for their service," Jasinski said.

Northwest is the third university in Missouri to feature the G.O.L.D program. A partnership designed to prepare students to be officers in the military and provide a pathway to degree completion.

By offering military science classes and physical training as part of the program, students are able to get a head start at a time when most military students cannot.

G.O.L.D Officer Tamir Middleton also said Northwest's recent honor is an indication of the amount of support they show to the military.

"There was a saying once said to me that once your parents drop you off at college, you're all on your own, but I don't feel that way here at Northwest," Middleton said.

He said as an officer and worker for the school, he's pleasantly surprised by the ease at which he



MORGAN JONES | NW MISSOURIAN

**12 Bravo: Combat Engineer Jawuan Anderson helps fellow students learn how to book rooms on campus for organizational meetings. Anderson has been with the army since September 2016.**

can reach out to different departments and receive fast and helpful responses.

"People are quick to help and that's the faculty and staff," Middleton said. "I can go to the football team, and they will have support for us."

It doesn't hurt, Middleton noted, that many of the soldiers at the battalion are also Bearcat fans.

Despite Northwest's work with the National Guard, its assistance with veterans stands out among all of its efforts.

Service officers and counselors specialize in helping veterans with a variety of needs. Whether its applying for education benefits and scholarships with the VA or assisting with employment positions.

In addition, organizations like the Northwest Student Veterans Association and Office of Veteran Affairs are meant to specifically help and assist veterans.

These resources are one of many examples of Northwest's sustained commitment to the men in uniform and the basis for six straight years of military friendly recognition.

## PHISHING CONTINUED FROM A1

Oudshroon said there a couple of things people can do to combat phishing emails including calling the agency that is supposedly emailing you.

"If you are unsure, then there should be an email address, a phone number, or something in the email," Oudshroon said. "The police or the IRS are never going to message you and not leave a number. If they don't, look up the IRS, find a phone number and call them directly. Don't use the number that is in the mail. Then get rattled through to whoever you need to talk if that is the case."

Oudshroon also said you should pay attention to who the mail is coming from and investigate everything placed in the email before clicking on anything.

"Look who the mail came from," Oudshroon said. "While people can sometimes spoof that,

it can usually be reliable. If there is a link they ask you to follow, if you hover over that link, the whole URL will pop up. So if it says 'Hi, I'm the IRS,' and the link isn't taking you to IRS.gov, that's a problem. You have to be careful because I can make fake emails that send you to someplace like IRS.com and .gov and .com are not the same thing. Just hover over the link and if the link is taking you somewhere weird, don't go there."

Oudshroon stressed the issue of never giving away any kind of personal information. Be that usernames and passwords or things like social security numbers or bank account information.

"I need everyone on campus to understand that you never hand over personal information," Oudshroon said. "... I don't care if someone pretends to be the police, the IRS or Northwest asking you for stuff you never hand over personal information.... Just be wise. That's the only bit of defense in situations like this, wisdom."

so if there is money to be made and a daytime market, I assume some of the drivers will operate," McDanel said. There are a lot of day time demands, especially with international students."

As well as international students and bar-goers, the services can also assist someone when their car breaks down, another member of their household has a shared vehicle or when they don't feel comfortable driving in inclement weather.

"The city continues to support any and all safe ride options in our community, especially when it comes to drinking and driving," McDanel said. "We will continue to promote Northwest SafeRides, Northwest Taxi and Uber/Lyft where possible to let our citizens know that these options exist."

## UBER CONTINUED FROM A1

Adhikari and Thalal both said Uber and Lyft will be valuable additions to the community, as did University Police Chief Clarence Green.

"We support both programs as alternatives to impaired and/or distracted driving," Green said. "Please also maintain your awareness when using these services. These services have been successful in communities, but I am not clear on their impact on impaired driving."

Currently, drivers primarily operate during evening hours, but McDanel said that may change.

"The apps allow the drivers to choose when they provide service,

# Residents urged to take precautions against theft

**ABBEY HUGO**  
Chief Reporter | @TheMissourian

Local law enforcement works to end a recent string of thefts and encourages residents to take precaution.

Public Safety Director Keith Wood said that any amount of larceny is concerning. But unfortunately, larceny encompasses such a wide variety of property theft it is one of the most commonly committed crimes.

Recent incidents include five different reports of larceny, mostly from motor vehicles, under investigation for the week of Jan. 6 through 14 alone. More substantially, a van was stolen from the First United Methodist Church along with an interior Hy-Vee ATM Jan. 17.

Nodaway County Sheriff Randy Strong had a bounty of advice for all in the county hoping to avoid becoming a victim of theft.

"Be aware that crime is on the rise," Strong said. "Take your keys out of your ignition and lock your car. Don't leave valuables in plain sight in the car. Lock them in the trunk. At home, lock your doors when you leave."

"Leave lights on if you are leaving. Never tell people in social media that you are going on a week's vacation and the house will be vacant. Report suspicious activity in your neighborhood."

These warnings apply not only in town, but on campus as well. Though there hasn't yet been a significant increase of theft on campus, it is best to be cautious and the best defense is to be well-informed and well-prepared.

University Police Chief Clarence Green had various tips for defending against theft.

"Remove the opportunity (for theft) by securing all items of value, maintaining a visual contact with valuable items when in com-

mon areas on campus, and reporting incidents of theft when they occur," Green said.

The University Police Department does their best to reduce risk and incidents of theft on campus.

"We use several approaches: Education on theft being a crime of opportunity," Green said. "We help identify methods in which members of our community can secure their valuable items in order to decrease the opportunity. Preventive foot and vehicle patrols are around campus to establish a presence."

Wood said the Maryville Police Department Patrols have been encouraged to remain extra vigilant of suspicious signs, especially in geographic areas where these cases of theft have occurred.

In 2016, the nationally recognized home-security company SafeWise ranked Maryville in the top 30 safest college towns in America.

The high standard of safety throughout Maryville and the rest of the county is only achievable through the combined efforts of the citizens and collaborative police departments throughout the county and surrounding areas.

Strong described how his department, that mainly concentrates on areas of Nodaway County without a police department of their own, works alongside the Maryville Police Department.

"We do work well together and we complement each other," Strong said.

The county maintains a close working relationship with St. Joseph Police and the Buchanan County Sheriff's office to address an overlapping criminal activity.

"We share information, and we routinely meet to discuss how to better protect our citizens," Strong said.

# Blotters between Jan. 5-25

## Northwest Missouri State University Police Department

### Jan. 5

There is an ongoing investigation for trespassing at the 1500 block of South Main Street.

### Jan. 8

A summons was issued to **Allen Self**, 50, for careless and imprudent driving and following too closely at the 1200 block of East First Street.

### Jan. 9

There is an ongoing investigation for larceny at the 1500 block of South Munn Street.

### Jan. 11

A summons was issued to **Jake Sayre**, 20, for disorderly conduct at the 400 block of East Second Street.

### Jan. 13

A summons was issued to **Robert Saunders**, 60, for driving while suspended at the 500 block of East Seventh Street.

### Jan. 15

A summons was issued to **Logan Zimmerman**, 18, for disorderly conduct at the 1600 block of South Main Street.

### Jan. 17

A summons was issued to **Sagar Ghimire**, 22, for possession of marijuana, possession of

drug paraphernalia and disorderly conduct at the 1200 block of West Nineteenth Street.

A summons was issued to **Lincoln Jones**, 23, for wanted on warrant and failure to appear at the 400 block of North Market Street.

There is an ongoing investigation for burglary at the 1200 block of South Main Street.

There is an ongoing investigation for a stolen vehicle at the 100 block of North Main Street.

### Jan. 18

A summons was issued to **Kati Milton**, 24, from Independence, Missouri, for driving while intoxicated and making an illegal U-turn at the 300 block of North Market Street.

### Happy Hour

**Monday - Friday: 3-6pm**

### Watch Live Bearcat Games

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**Daily Lunch Specials Available!**

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# HOROSCOPES



**ARIES – Mar 21/Apr 20**  
Plans to get together with friends this week could be delayed by other responsibilities, Aries. Do not feel the need to cancel; just reschedule your plans.

**TAURUS – Apr 21/May 21**  
Taurus, financial issues may force you to work a little harder right now to make some extra money. Make a concerted effort to save more and take care of your financial obligations.

**GEMINI – May 22/Jun 21**  
Gemini, you may need to wait a little longer to receive some news you have been anticipating. Don't let this get you down. Change is on the way and will come soon enough.

**CANCER – Jun 22/Jul 22**  
Cancer, treat yourself to a brief respite from the daily grind. Spend time with the family and enjoy some well-deserved rest and relaxation in the days ahead.

**LEO – Jul 23/Aug 23**  
Leo, make a concerted effort to open a line of communication with someone who means a lot to you. He or she may need a helping hand, and you are just the person to provide that assistance.

**VIRGO – Aug 24/Sept 22**  
Treat yourself to a present this week, Virgo. A nice dinner, an unexpected luxury or even a spa treatment is the kind of pampering that can go a long way.

**LIBRA – Sept 23/Oct 23**  
Libra, make an effort to lift the spirits of a loved one this week. Responsibilities may be weighing on them, and you can lighten their mood just by being there for them.

**SCORPIO – Oct 24/Nov 22**  
Scorpio, sometimes you may feel as if you are the only person getting things done. Just keep up your hard work and the rewards will come. Others are taking notice.

**SAGITTARIUS – Nov 23/Dec 21**  
Sagittarius, if your patience is wearing thin, try to embrace distractions that can help you pass the time. This can make things less stressful.

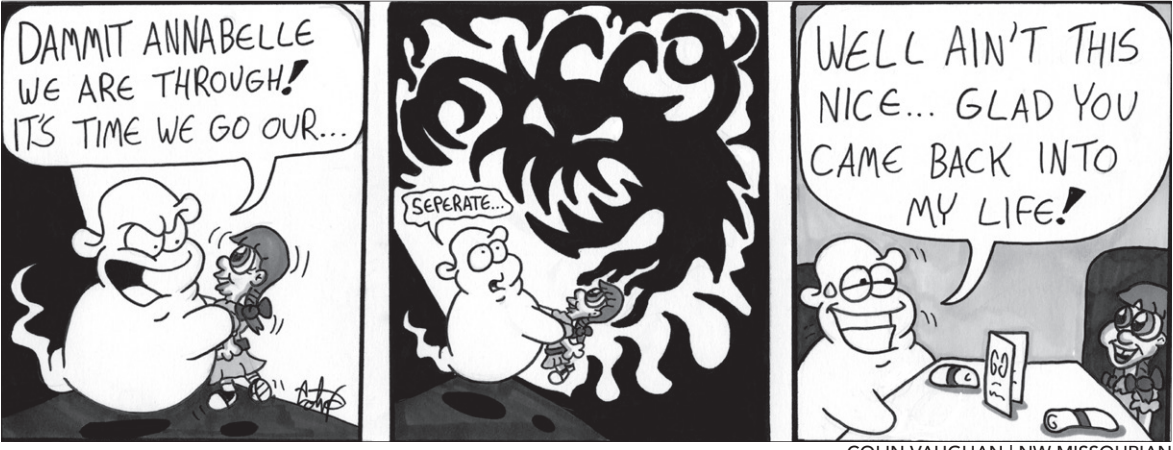
**CAPRICORN – Dec 22/Jan 20**  
Capricorn, you have been doing well financially, but you still hope to do better. Speak with a planner or a knowledgeable relative on how to make your money work harder.

**AQUARIUS – Jan 21/Feb 18**  
Engage in activities that make you feel good and boost your self-confidence this week, Aquarius. This may be as simple as hitting the gym for a workout.

**PISCES – Feb 19/Mar 20**  
Phone a friend and set up a time to get together, Pisces. Reconnecting and sharing a laugh or two will be a boon to both of you and raise your spirits.

# DIVERSIONS

## Paranormal Inactivity



COLIN VAUGHAN | NW MISSOURIAN

## PETS OF THE WEEK



### MOMMA LOUSIE



**Occupation:** Snowsuit Model  
**Personal Motto:** “Sorry I got snot on everything.”

**Age:** 12... She Thinks  
**Weight:** A Little Extra Somethin’ to Love  
**Fluff Factor:** 8/10

**Likes:**  
Cuddles That are Her Idea  
Sneezin’  
Good Manners

**Dislikes:**  
Cuddles That are Not Her Idea  
Toddlers with Sticky Hands  
Preparing Her Taxes

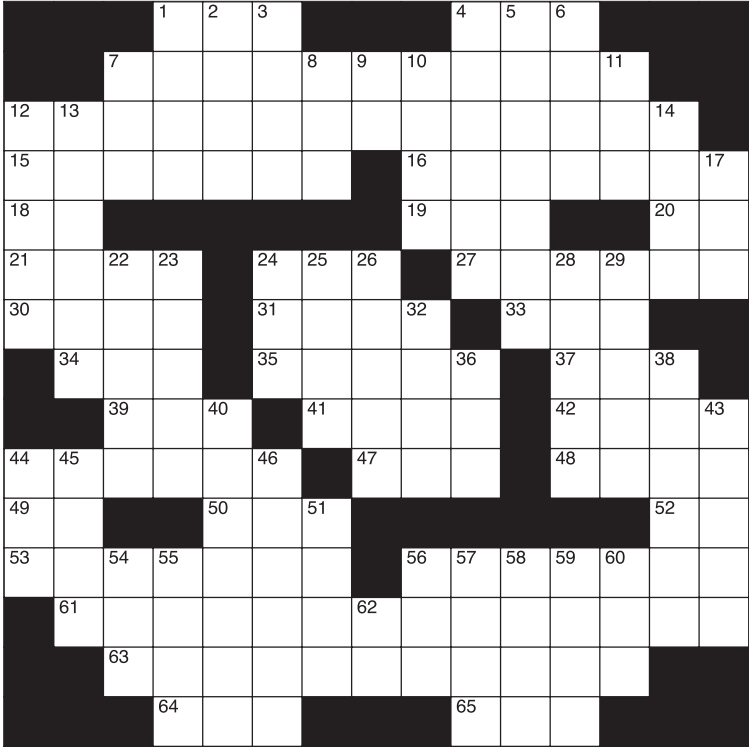
We need more pets!  
Submit picture and bio to  
s521010@nwmissouri.edu



## CROSSWORD

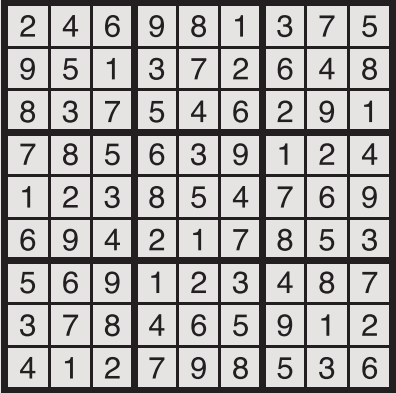
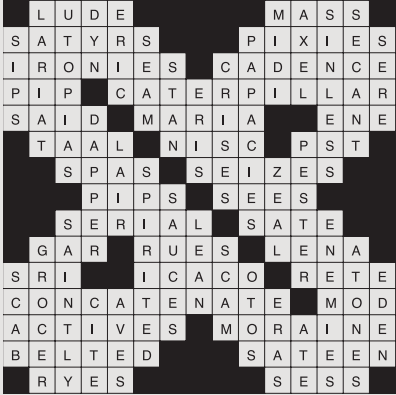
By MetroCreative

- CLUES ACROSS
- Measurement (abbr.)
  - Returned material authorization (abbr.)
  - Sorting
  - Attribute
  - Poked holes in
  - Angers
  - Doc
  - MLB journeyman pitcher Dillon
  - Not don't
  - Snubs someone
  - Where kids bathe
  - One might be in distress
  - Chair
  - Music industry honors (abbr.)
  - Dash
  - Owed
  - Caucasian language
  - One thousand (Span.)
  - Musical style drum and bass
  - Evergreen trees native to warm climates
  - Begin \_\_: start fresh
  - Marshy outlets
  - A chicken lays one
  - Yemen's largest city
  - Conversion rate
  - Single Lens Reflex
  - Atlanta rapper
  - Reduce the importance of
  - Faces of buildings
  - Something achieved
  - Distribute again
  - Tooth caregiver
  - 007's creator

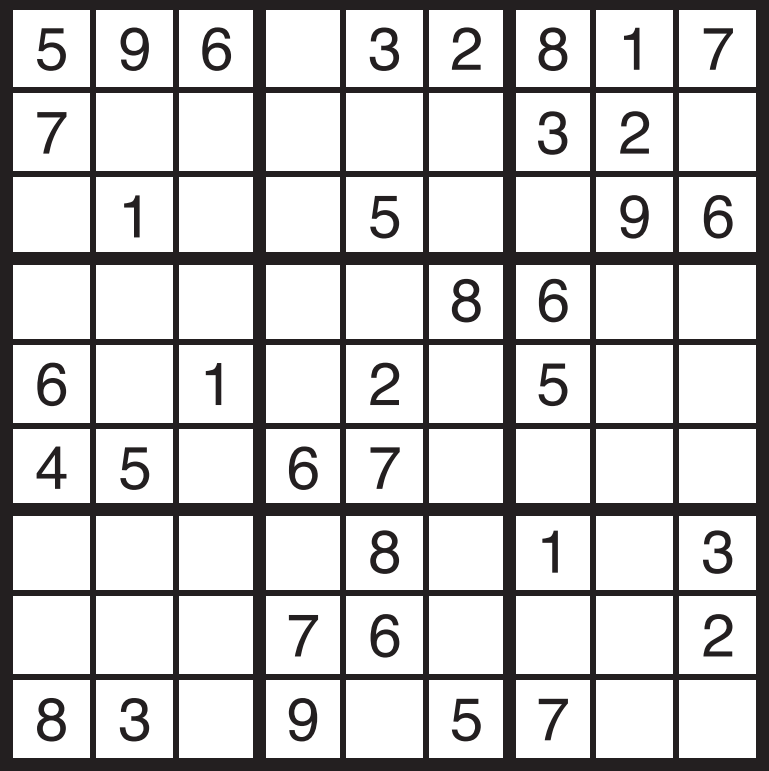


- Single step
- Destroyed financially
- Fail to interpret correctly
- Fava d'\_\_: tree found in Brazil
- Vehicle
- Limited
- Old English
- Aussie golfer Norman
- Job
- Loose-fitting undergarments
- Protected by balancing
- Give up
- Fifth note of a major scale
- Extravagantly bright
- Takes dictation
- 19th letter of Greek alphabet
- Rounded knob (biology)
- French philosopher Pierre
- Mothers
- Dardic ethnic group
- Supports the rudder
- An ugly evil-looking old woman
- Of a fasting time
- Filled with passengers
- Below the ribs and above the hips
- Binary-coded decimal
- 51 is a famous one
- Goes into a funk
- Chief O'Hara actor
- Videocassette recorder
- Scored perfectly
- Type of tree
- \_\_ Spumante (Italian wine)
- Popular commercial "pet"
- Supreme god of Ancient Egyptians
- Room in a home
- \_\_ and behold

## LAST WEEK'S SOLUTIONS



## SUDOKU



## GUESS WHO

I have created some of the most popular TV shows to ever be aired on NBC. I love to focus on the work of police officers, firefighters, lawyers and doctors in the cities of New York and Chicago. In the past decade I have had nine different shows on NBC and now my name is synonymous with prime time television.

A: Dick Wolf

I also create popular TV shows, but for ABC and I have an entire night full of just my shows. Every Thursday night I give my viewers a glimpse into the White House, a Seattle hospital and the inner workings of our legal system. I am now working on my next big hit with Netflix as a Netflix original series.

A: Shonda Rhimes





Roebkes is best-known around the community for bustling around town with his bicycle. His apartment now includes many new items compared to the sole chair it contained just weeks ago.

# 'MR. BICYCLE GUY'

Arnold Roebkes proves positivity comes in all shapes and sizes

MICHAEL CRIFE  
A&E Editor | @MikeCripe

Ever since Arnold Roebkes, known to his friends as Arnie or Mr. Bicycle Guy, placed some roses on the door of a local bar, he quickly became living proof that there is something more than just a small town keeping Maryville feeling like a family.

To Roebkes, the roses he planted on the front door of the Palms is a symbol of beauty and life. This seemingly simple flower was the only object he could think of when deciding how he would honor a passed Bearcat, Morgan McCoy, after she died a few weeks back.

The topic of death for Roebkes is all too familiar, as he lost his mother only about a year ago. Further than this, he was forced to deal with a serious family tragedy more than 20 years ago.

"My sister was murdered back in '91; this guy took her out of her house and beat her to death. She had two little girls, and was going to be a nurse up in

someone would do something like that? You wouldn't think something like that could ever happen."

These were not any old roses though. These were roses bought with half of the money Roebkes had to his name on one of the most frostbite-inducing days of the Maryville year. Homeless, with nothing but a couple of dollars, his bike, blankets, a single chair and the roof of a one-bedroom apartment to go home to. Even his teeth are something he had been without since the late 80s.

Despite all of this, he trudged through the snow from Dollar General to The Palms to place these roses because he knows what it is like to have someone taken away too soon.

However, Roebkes' warm-hearted actions did not go unnoticed on this bone-chilling day. One woman, Kelley Baldwin, saw what he did and felt as though she would be doing a disservice to not tell this story of perseverance and unsung kindness.

Baldwin took to Facebook to share Roebkes' story of kindness. The post was 550 words and reached the Facebook walls of thousands, garnering more than 2,500 likes and 1,500 shares. At this point, Roebkes was touching the lives of Maryville residents and people in Kansas City as well, all thanks to just one person noticing.

"I think the reaction is indicative of how much we crave positivity," Baldwin said. "I believe the world is overwhelmingly made of good, kind people. It also highlights how much people want to help. So many generous people stepped up with donations of time, talents, money and goods. I hope this generosity of spirit can grow into greater support of the local organizations who help folks like Arnie on a daily basis."

Since the story was uploaded, a fundraising page has been started in support of Roebkes in hopes of giving him some sort of support. The page, on youcaring.com, is ongoing and receives new donations everyday with Roebkes' longtime friends, Emily and Jason Tobin, running the operation.

"Arnie basically gave up everything he had left for those roses," Jason said. "He spent what he had, used his time to walk all the way

there in the freezing cold, just to put those roses up high where everyone could see them."

Most Maryville residents have seen Roebkes meandering around town, whether it be at Dollar General, Walmart or McDonald's – he makes sure to show up to the golden arches at least twice a day. Now they know who he is and what he has done, and they are not hesitating to help out in any way they can.

Soon Roebkes had a coffee table along with his chair and blankets. Then came bathing supplies, shoes and even a brand new bike. Roebkes says his favorite donation was his newly donated full size bed. Jason says he is so used to catching Roebkes at McDonalds in the morning, but after Roebkes' first night with his new bed he made sure to take a nice, long well-deserved day to sleep in.

"A lot of people won't want to tell their friends they need help," Emily said. "They don't want to say, 'Hey, can you help me get a bed?' Arnie never asks for hand-outs, he'd rather work for something or help you."

“Kindness takes all forms, and I suppose many of us sometimes forget that.”

-Kelley Baldwin

Haircuts, eye exams, you name it. He is even on his way to scheduling an appointment to get a full set of dentures to replace the teeth he lost so long ago.

Before he knew it, Roebkes had more than just an apartment full of everything he needs; he had family of community members doing what they could to repay the kindness he brought to their days.

Even after the explosion of support he's gotten the only thing Roebkes could think or ask about was McCoy's family. He wants to show his support and be there in any way he can. And just because his actions have been noticed once, doesn't mean he'll stop caring.

"I think about my mother and I think about my sister and everything, and I just feel sorry," Roebkes said. "I've been there. I know what it's like."

continues to come in for Roebkes, and as a result, McCoy is being remembered every single day as well.

Baldwin knows Maryville is a family, and the response to Roebkes' story is only further proof of this. What she and so many others can't get over though, is how one man managed to make such a difference.

"Kindness takes all forms, and I suppose many of us sometimes forget that," Baldwin said. "It's the small, everyday kindnesses that remind us of what we can be. Sometimes, we may feel we do not have the power to make a difference or a positive impact on the world around us. Arnie's sweet gesture reminds us that you don't have to be a millionaire to make a difference."



Top image: What used to be the front door of The Palms has now become a memorial for Morgan McCoy. Middle: Prior to the support that occurred as a result of Baldwin's Facebook post, this chair was the sole piece of furniture that existed in Roebkes' home. Bottom: Before a receiving haircut from Guys and Dolls, Roebkes sported bushy hair and a full beard. (SUBMITTED PHOTO)





TAYLOR LEGRONE | NW MISSOURIAN  
Sheyann Webb-Christbug speaks about adversity among all cultures and how it is important to keep Martin Luther King Jr.'s dream alive Thursday, Jan. 18.

# MLK speaker shares lifetime of stories about resistance

SARAH VON SEGGERN

A&E Reporter | @TheMissourian

The audience was engaged with one woman's story as she recounted her struggles of growing up and the impact Martin Luther King Jr. had on her life.

Sheyann Webb-Christburg, known as the "Smallest Freedom Fighter," shared her story at the Charles Johnston Theater Jan. 18 from 6:30 to 8 p.m. She concluded the Martin Luther King Jr. (MLK) Week events hosted by the Office of Diversity, Equity and Inclusion.

While there were many different events throughout the week, Director of Diversity and Inclusion Justin Mallett said he was particularly looking forward to students, faculty and community members packing the theater to listen to the speaker.

"I want them to understand what the message that Dr. King was really trying to get out across the nation," Mallett said. "That it's

not a matter of white, black, blue, green. It's a matter of being united as a country and being as one. So to be able to hear that message firsthand, one of the things that Ms. Christburg will do in her speech is she is going to inspire the attendees to look within themselves and start to ask themselves how can I be better, what can I do better."

The event indeed had garnered quite a lot of attention as many people attended. Junior Alexandria Barnes had gone with her friends as a requirement for one of her classes.

"I liked her personal story," Barnes said. "I thought it was super neat to actually hear about someone being there and I just like hearing people's experiences."

While many of the students were there for class or diversity hours, the importance was not in why they came, but simply that they had attended and learned from Christburg's experience.

Freshman Alek Kocher was one of the many students who went there for his personal interest in the Selma movement and those who started it.

"I always knew that Dr. Martin Luther King Jr. was an inspirational person," Kocher said. "I think I learned on a personal level how much he really reached out to people. Like he reached out to two, 8-year-old girls and made them feel like they were the most important people in the room..."

Christburg, who was one of the 8-year-old girls, will never forget her roots or her beginning. She carries them proudly through her nickname the "Smallest Freedom Fighter."

"(The Smallest Freedom Fighter stands for) a little girl who had the courage at such a young age who really admired a man who not only encouraged her but motivated and inspired her to look forward," Christburg said. "Then that little girl was given that name, and

it means so much to me when I look back on it..."

Christburg was able to stand up against so much racism at a young age due to her early encounter with King. With him as her role model, she continued to push the boundaries of segregation even after the "Bloody Sunday" event through her integration in an all-white school and her strong involvement with the civil rights movement.

"I was able to keep my faith so strong just by the mere fact of knowing the results of what had happened and what else needed to proceed," Christburg said. "My faith in the mist of those terminal times became much more fervent. I wanted to do more."

Even in the present, Christburg believes we can always do more to lessen the gap racism has created throughout history. By telling her story, she hopes to inspire the younger generation to continue the change needed in this world.

## Northwest Sessions rocks out during night in The Pub

JAMES CHRISTENSEN

A&E Reporter | @jameschris1701

The Pub was alive with the sound of music thanks to Northwest Sessions Friday night.

In a rare public recording of Northwest Sessions, The Pub and Northwest Media came together to provide a night of amazing music for the community. Sessions filmed a segment while One Headlight High performed for the bars regular patrons as well as fans of the show.

Erin Wilkins, a senior mass media major with an emphasis in broadcast production, serves as the producer for Northwest Sessions. Wilkins said she has enjoyed having Northwest Sessions at The Pub for a number of reasons.

"At first I was a little bit apprehensive since in the recording studio if something goes wrong it can be fixed," Wilkins said. "Having it at The Pub is like an adrenaline rush and we didn't have anything go wrong during their set."

Northwest Sessions, a part of student media, is a program designed to highlight different bands and their music. This is a collaboration of multiple departments of Northwest Media.

"Northwest Sessions is a collaboration between the radio station and TV station," Wilkins said. "It is comprised of a half and half split of live music and interview with members of the band."

The spotlight for this session was a local group, One Headlight High. This band is made up of members of the surrounding communities and features a number original songs as well as covering major songs from bands like Fall Out Boy and Blink 182. They have performed on Northwest Sessions before and have a strong following in the Nodaway County area.

Jeff Zeller, the owner of The Pub is proud to have Northwest Sessions at the Pub.

SEE FULL STORY ONLINE AT  
NWMISSOURINEWS.COM

## Short story: Mr. Linden's Library

SARAH VON SEGGERN

A&E Reporter | @TheMissourian

He had warned her about opening the book; now, it was too late. Little did she know her actions would cause such consequences, but, then again, she was only 12.

The girl had always wanted to feel a sense of belonging. As an orphan, she didn't have any memories of warm smiles or gentle caresses. Never would she feel the reassurance of a mother's arms

or hear the laughter of a father's voice.

All who came to seek a family left with somebody other than her. They came and went, never once glancing at the no name girl.

The one thing she understood best was loneliness. While loneliness was just a word for others, it was her way of living.

She had always gotten by on her own. Almost like a promise to herself, she decided a long time ago that loneliness would never

bother her even when it was unbearable.

While questions still berated her every day, she did find solace in books. The feel of the binding crunching under the pressure as the book was pried open, the dust that danced itself off of used volumes, and the sound of books being snapped closed were her fondest memories.

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## THE STROLLER: Your Bearcat wants you to watch TV

Bearcats, listen up. It's time for us to be children again, and I don't just mean in the idea where we keep trying to eat laundry detergent. I mean it's time we put on our comfy PJs, watch cartoons and pretend we don't have a mountain of homework.

I love cartoons aimed for children. My personal favorite lately has been "Miraculous Tales of Ladybug and Chat Noir," and not just because my nickname growing up was ladybug. These shows give me a sense of childhood happiness which sometimes feel abandoned and replaced with the need to pay bills, buy toilet paper and not overcook my Ramen.

Just the thought of staying in my pajamas, turning on "My Little Pony: Friendship is Magic" and making a steaming pot of coffee or tea is enough to make

me grin.

What's even better about these cartoons is the fact they are actually good. Though sometimes they are a little cheesy and are aimed at children, they have decent plot and character development.

Even if you just look back at old cartoons like "Pokemon: Indigo League" and "Avatar the Last Airbender," it's fairly clear some of these stories are better than shows aimed at us somewhat adults. They teach tolerance, courage and how to become a superhero while not failing school.

It's also a great way to bond with fellow nerds.

I recently had the pleasure of dedicating a Sunday morning to having a PJ party with my friends to watch Netflix while eating slightly stale Lucky Charms ce-

real. As silly as it was, it was still enjoyable. Even though we spent more time talking about childhood nightmares and "Dungeons and Dragons" than actually watching Netflix, I felt like I was at a sleepover when I was seven. Only this time, I had actual friends and not just my stuffed animal collection.

Something about turning on Netflix, specifically turning on a cartoon to watch, just made the atmosphere at peak coziness. It gave a sense of being transported to a time where my only concern was if I was having ice cream after dinner or not.

So Bearcats, stay in and turn on the TV. You deserve it.

*The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.*

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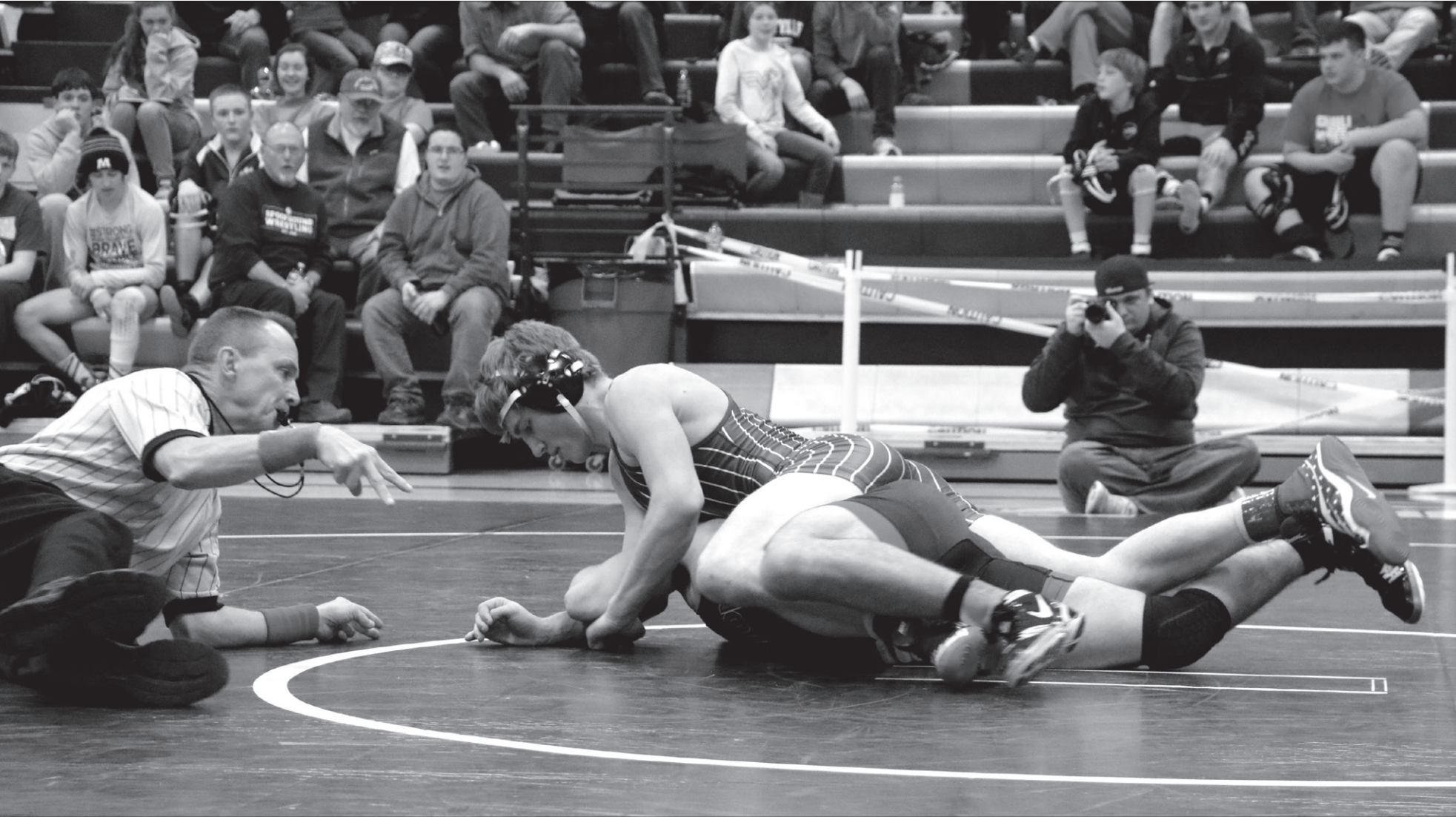
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Senior Jackson Sanders grabbed a Midland Empire Conference Championship following a 11-0 victory over St. Joseph Benton's Alex Barker in the 170 weight-class finals. Maryville finished fifth as a team.

# Sanders grabs MEC Championship

**JOSH REXROAT**  
Missourian Reporter | @Rexroat10

The first MEC tournament under Koster for Spoofhound wrestling is in the books, and the team is showing improvement.

The Maryville wrestling team hosted the MEC tournament Saturday Jan. 20. The tournament had seven teams from the Midland Empire Conference.

This is Koster's first season coaching the Spoofhounds and first MEC tournament.

"Right away, we had (Jacob) Reuter and Aiden Cullin; they came in never wrestling be-



fore this year," Koster said. "That is kind of a big experience coming into the varsity lineup not having that experience, same with the other guys being young, but all of them showed a lot of heart out there. Even if they lost, they tried to compete; they give it their all."

Maryville had the privilege of hosting the MEC on Saturday. The Spoofhounds finished fifth in team scores in front of the home crowd.

Senior Jackson Sanders won the 170 weight-class in his final MEC tournament as a Spoofhound.

"I feel like I really came up and wanted to put on a show," Sanders said.

Sanders may have won the MEC title, but the championship match was a rollercoaster for the

senior.

In the first period, Sanders was showing his dominance over his opponent by staying on top of him most of the period. When the round was about to expire, Sanders gets his opponent on his back trying for the pin, the ref starts counting when time expires and then the ref calls the pin.

After a conversation with the other referee, they decide that time had expired before the pin.

The senior experienced a bit of déjà vu in the second period. With time about to expire, Sanders got his opponent on his back again trying for the pin, but before he could, time expired.

Despite the controversy, Sanders still rolled to a win in the

third round.

"I'm real proud, real proud," Koster said. "Earlier this week, he was fighting through the flu, and got through that and got in the room; he was slowly building his conditioning back up from being sick. He went out there today, and gave it his all; he looked good out there."

Sanders missed two days of practice the week of the MEC due to the flu, but was still ready for the tournament.

"I practiced with him the other day, he felt strong, he felt good," Koster said. "I really wasn't too worried about him; I knew he was going to come out here, and that is just the way the kind of kid he is."

Outside of Sanders, the team struggled on the day. The team fin-

ished fifth out of seven in team scores. Sanders was the only medalist on the day for the Spoofhounds.

"I am proud of the team," Sanders said. "We may have not have had as much placers as I would have liked, but our team is young. I am very proud of how they handled themselves, and how they wrestled today."

Smithville is the MEC team champion dominating the tournament racking up 350 points, 35.5 more than second place.

The Spoofhounds move on from the MEC when they travel to St. Joseph Benton for their last triangular of the season. The Spoofhounds will return to Maryville to host their final tournament of the year Saturday Jan. 27.



Northwest women's basketball is one of two programs remaining winless in MIAA play so far this season. The Bearcats neared a win in a devastating 88-79 loss to Nebraska-Kearney in double overtime Thursday, Jan. 18.

**WOMEN**  
CONTINUED FROM **A2**

"In high school, you have those games where you know you're going to win," said McConkey. "In college, you don't know what you're going to get until you start playing them. I think that's one of the things I've had to look for."

The inexperience continued to show as the Bearcats traveled to Fort Hays State (14-4, 5-4 MIAA) only two days after the loss to Nebraska-Kearney. Northwest start-

ed slow and was never able to recover dropping its 15th-consecutive game.

Kaylani Maiava had a career night scoring 13 points and tied her previous career high in rebounds with nine. Northwest will be thankful to be back in the friendly confines of Bearcat Arena after a rough weekend. Scheel explained that only having one game this week will help his team get ready for Missouri Western (10-9, 3-7 MIAA).

"It's big this time of year to have a one game week this time of

the season, especially how our season is going and how this last week went," Scheel said. "I thought three out of our four games were dog fights. You get to Hays and miss some early shots, and they were knocking down good shots and getting their offense flowing."

Scheel explained that Fort Hays State was able to take advantage of the young core that Northwest had and take the wind out of its sail. Looking forward, Scheel explained that Missouri Western looks different than the last time they played them, but that won't

NEXT GAME
<b>Missouri Western @ Northwest</b> Jan. 27 @ 1:30 p.m.

change his preparation.

"We're going to prepare for as much as we know," Scheel said. "We'll go into that game just like we've gone into our games this second semester. We have to put Saturday's game past us; focus on what was good for us throughout those previous games, and be really competitive against them."

## BTS CONTINUED FROM **A12**

He added Sherry's work was a huge part of honoring the team's NCAA Division II National Championship in 2017. Sherry produced a video recapping the championship run in the spring.

Whether it be his multimedia content or overall presence, Mosby adding Sherry fits right into the men's basketball culture.

"When you can fit extra pieces into the culture, whether that be Nick Peters on the training staff to Andy Peterson, and then the videographer who not only does a great job but also fuses into the culture, that's awesome," Mosby said.

Since joining Sherry, Mosby has spent time filming anything Sherry is not on the sideline at Northwest.

Mosby has learned plenty from Sherry in the process of filming at Northwest games. Away from production, Mosby sees Sherry as a life mentor.

"Some things that I'll take from Sherry are, like, his willingness to take a chance on himself," Mosby said. "That's something I can take into whatever I'm doing."

Being from Maryville, Sherry mentioned his greatest memories come from the three national championships he has had the opportunity to film (2015 and 2016 football, 2017 men's basketball).

He also added his localness gives him a greater idea of the culture which exists at Northwest.

"It helps me through the extent from when I make things, I understand the history," Sherry said. "I know past players, I know past successes that Bearcats Sports has had. It makes it even more special."



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# Boys strive to rebound in Cameron

**JOSEPH ANDREWS**  
Assistant Sports Editor | @Joe\_Andrews15

Following a few rough games, Maryville boys basketball is seeking to get back on its feet.



The Spoofhounds (12-4) took their first steps to the task with a 67-53 victory over Smithville in the opening round of the Cameron Invitational Jan. 23.

The win moves the tournament's No. 1 seed closer to another team objective.

"We've never won the Cameron tournament under coach (Matt) Stoecklein," junior Eli Dowis said. "That's our number one goal is to play (in the championship) on Saturday."

Maryville has the chance to continue its trek to a Cameron Invitational Championship in a matchup with No. 4 seed Bishop LeBlond.

Both teams previously met Dec. 12. Maryville finished on top 69-57. With it being the tournament, the Spoofhounds know they cannot take any opponent lightly.

"There's always good competition there," sophomore Tate Oglesby said. "We just need to keep our mindset on the right like where we are at right now. Just keep going. Hopefully it pays off."

The Spoofhounds have dropped two of their past six games. The latest occurred in a 50-47 loss to St. Joseph Benton at the Hound Pound Jan. 18.

Maryville trailed 14-2 at the end of the first quarter. After realizing where they were at, the Spoofhounds began to shrink the deficit bit by bit.

They never took complete



JAMES HOWEY | NW MISSOURIAN

Senior Jake Woods put up 12 points in the Spoofhound's 55-38 victory over Savannah Jan. 19, including a near-full court shot fired as the first quarter buzzer sounded.

control.

"It sucks to know that you lost to a team you should have beat and you know are better than," Dowis said.

A failed last second three-point shot by Dowis separated Maryville and the Cardinals from overtime.

It served as a learning point for each member of the team.

"One of the things we're trying to stress to our kids is 'make sure you do what you're good at,'" Stoecklein said. "Once everyone

starts to do what they're good at, I think we are going to be even better."

One night later, the Spoofhounds bounced back with a confident 55-38 win over Savannah. Dowis and Oglesby had 14 points a piece in the game.

Senior Jake Woods was right behind with 12.

"After our dismal performance against Benton, I was proud of how they came out and rallied around each other," Stoecklein said.

Though Maryville came out on top in the game, the Spoofhounds struggled to find energy early on.

A near full-court shot by Woods at the end of the first quarter changed the theme.

"It gave energy throughout that whole game," Oglesby said. "For him to just hit that, it gave us all confidence."

Once the energy returns to full shape, the Spoofhounds feel they will be just a few steps away from

NEXT GAME
<b>Maryville vs Bishop LeBlond</b> <b>Cameron Invitational</b> Jan. 25 @ 7:30 p.m.

finding a way to start fast and finish strong.

The Spoofhounds also see room for growth in the zone. Combine it with the overall state of the team, things will end up strong for Maryville.

## Spoofhounds on track to demolish past win totals, Albrecht stock rises

**ISAIAH SWANN**  
Sports Editor | @iswanny10

A near 30-game losing streak and five wins combined in the 2013-2015 seasons made for a serious problem in the Maryville Girls basketball program.



"You could see it on film," coach Quentin Albrecht said. "It stood out and it bled over to what was on the court."

It wasn't going to be fast, but in Albrecht's third season under the helm, the Spoofhounds (7-9) have the most important feeling in a rebuilding program: hope.

In his first season, the Spoofhounds went from a one-win team to forget, to an eight-win squad with a feeling of redemption.

"Ultimately our goal is to go to .500," Albrecht said. "That's where you have to get before you can be taken seriously. The biggest thing that we've done to this point in time is building some really good relationships."

While the Spoofhounds only accumulated seven wins in the 2017 campaign, Maryville has already matched that win total. With a minimum of nine games on the schedule, the future is bright.

"We're learning," Albrecht said.

"There's only two of those games where the game wasn't decided in the fourth quarter. We're hoping that pays off for us in the end."

As the years have started to pile up under the Albrecht reign, relationships have been at the center of it all. A locker room that needed major renovations quickly transitioned into a place of compassion and team camaraderie.

Forward Amerlea Auffert has seen the relationship overhaul transformation with her very eyes, being a role model athlete throughout her four-year tenure.

"It's awesome," Auffert said. "It's a lot different, and I think that each year we have built better relationships, making it a lot easier to play together. We have fun in practice, but we get our job done."

One motivational line that Auffert said coach Albrecht preaches every day, is a famous motivational phrase from one of the greatest hockey players of all time, Wayne Gretzky.

"He definitely has a lot of sayings and is very motivated," Auffert said. "He (Albrecht) always says 'you miss 100 percent of the shots you don't make.'"

One way the Spoofhounds have built the team chemistry they have today is doing activities outside of

NEXT GAME
<b>Maryville @ Lathrop</b> Jan. 30 @ 6:30 p.m.

the Maryville High School gym.

One of those activities include a team trip to Bearcat Arena to witness Northwest men's and women's basketball team.

"I think it's really important they get out and do things together, so they learn more about each other as people, rather than players," Albrecht said.

There's no denying that Maryville possesses one of the youngest rising high school stars in the Northwest Missouri area. Though Serena Sundell has carried weight in the points column, the desire for success and tighter bond within the team has proved to be valued much more.

"Serena's going to get a lot of headlines and she deserves them," Albrecht said. "I think because of the relationships we have, and also the older girls just want to win taste success, that overcomes the publicity she's been getting."

**SEE FULL STORY ONLINE AT  
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ISAIAH SWANN | NW MISSOURIAN

Senior Amberlea Auffert warms up during a shoot around Jan. 23.



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# BEHIND THE SCENES

## Northwest grad provides extra pop to winning culture

**JOSEPH ANDREWS**  
Assistant Sports Reporter | @Joe\_Andrews15

From fiery graphics to top notch film, one man stands behind the cameras providing all the glitz and glamour of Bearcat sports.



When the excitement dies down and all the lights shut off, graduate assistant Andrew Sherry is there to provide Bearcat Nation with every moment to relive through his videography and graphic design talents.

Sherry started his transition into the videography business, before he even knew he wanted to be in it.

“My senior year of high school for video, I just knew I wanted something to have a DVD of my senior season,” Sherry said. “I knew no one else was going to produce it”.

He took it upon himself to get film from the coach and had his computer teacher help him produce the highlight reel.

Though Sherry showed signs of interest into film work, it never seemed like a calling to him until later on in his undergraduate.

“My junior year of college, I bought a GoPro. I started making videos with my friends, and just kind of had fun with it,” Sherry said. “I bought a drone right out of undergrad in May (2015).”

Before long, Sherry caught the eye of Matt Jasinski. Jasinski



Andrew Sherry has fit into the Bearcat Athletics culture as a multimedia specialist for the basketball and football teams.

creates hype videos for the Northwest Missouri football team.

Jasinski invited Sherry to join him on the sideline the following football season. Though he didn’t get to use his drone, he began to learn the equipment.

“Getting to learn the cameras he had on the sideline and doing different things really got me into it,” Sherry said.

Upon earning his Bachelor of Science in geographic information science (GIS) in 2015, Sherry began to seek options for his future.

He never found anything attractive within GIS, and Jasinski could not hire him on full time. Joe and Kelly Quinlin suggested he should reach out to the Northwest Department of Athletics.

Director of Athletics Mel

DYLAN COLDSMITH | NW MISSOURIAN

Tjeerdsma gave him the opportunity to join the athletic department as a graduate assistant.

Sherry obtained his master’s in applied health and sport science while producing multimedia content for athletics as a graduate assistant.

In specific, his content mainly included video for Northwest men’s basketball and football. He also dove into making graphics.

“All of my schooling didn’t have to do with anything I do now,” Sherry said. “To an extent, it kept me around athletics. It kept me around technology. In the end, it kind of did help me to where I was today.”

Sherry now works for the department independently with his start-up, Northwest Creative Media.

His product essentially includes the same thing, working directly with men’s basketball. He enjoys the sport more, dating back to his childhood.

“I enjoy basketball more,” Sherry said. “Growing up, I played basketball more than I played football. For me, it’s a faster pace game.”

Former Northwest forward D’Vante Mosby joined the crew this semester. Mosby worked as a freelance photographer prior to transferring to Northwest from William Jewell.

Mosby became interested in Sherry’s work during his basketball career at Northwest. Mosby remembers watching Sherry work on his content during road trip bus rides.

“It’s always fun on the bus after a game just to sit behind him and pick his brain and watch all the angles that he shoots,” Mosby said.

SEE **BTS A9**



DYLAN COLDSMITH | NW MISSOURIAN

Northwest men’s basketball fell to No. 7 in the NABC Coaches’ polls following a 66-59 loss to Nebraska Kearney Jan. 18. It was the Bearcats’ third loss since 2016.

## Men absorb blow, falling for second time in six games

**JAMES HOWEY**  
Chief Reporter | @How\_eyseeit

The No. 7 Northwest men’s basketball team went through a bizarre and challenging week with a loss to a lesser-conference opponent and having to win on the road without its stand-out player.



The Bearcats lost on the road 66-59 to Nebraska-Kearney (8-10, MIAA 4-5) Thursday Jan. 18, which was the first conference defeat since January 2016 outside of Missouri Southern.

Northwest accumulated a season low 35.7 percent from the field and 26.7 percent from 3-point range in the game.

“I’m not being a very good coach for this team and I need to find a way to get them motivated,” coach Ben McCollum said. “It’s a shame because we’re as good as

anyone in the country; we’re just not very hungry.”

The Bearcats (16-2, MIAA 8-2) were thrown another obstacle two days later when the team had to play against Fort Hays without senior point guard and leading scorer Justin Pitts in the lineup due to injury.

Northwest answered the challenge with an inspired performance and a 72-66 win over the Tigers without its star player. McCollum said that not having Pitts simply made his team focus more attention to what they were doing in the game.

“We needed to really sharpen things up and have a heightened awareness,” McCollum said. “I think when Justin went out, it gave us the edge we needed back. So what you saw was guys playing at eighty, ninety or hundred percent instead of seventy.”

McCollum said that the loss of

Pitts might have actually thrown off the game plan of Forty Hays (12-6, MIAA 5-4).

“We went to a completely different type of offense, and they had to change their whole game plan,” McCollum said. “We became bigger, stronger and longer defensively. Justin is a good defender, but we were able to switch 1-5 without missing a beat.”

Senior forward Brett Dougherty said Pitts’ absence allows the team to gain experience.

“We have a lot of other guys on our team and we were confident we could still win,” Dougherty said.

Senior forward Chris-Ebou Ndow stepped up for the Bearcats with a team-leading 20 points and added 14 rebounds in the win over the Tigers. McCollum said he hopes to see Ndow give the same effort no matter the situation.

“He can do that when Justin is

NEXT GAME
<b>Missouri Western @ Northwest</b> Jan. 27 @ 3:30 p.m.

in, and I just don’t know if he does probably enough,” McCollum said. “He had a heightened awareness because he knew he had to be. I want to see him do that all the time no matter if he feels like he has to be or not.”

McCollum said that his team has had an issue of not being hungry enough for wins this season due to their national title the previous season.

“It’s like eating at Pizza Ranch buffet and then ten minutes later someone offers you medium rare steak from the best joint in and you still aren’t going to want to eat that steak because you are full,” McCollum said.

## Women continue free fall

**TUCKER FRANKLIN**  
Chief Reporter | @THEREAL\_tuckerf

Northwest women’s basketball found themselves in a shootout in Kearney, Nebraska, as it competed in its first overtime game since 2015.



The Bearcats (1-17, 0-10 MIAA) got caught on the short end after the second overtime period falling to the Lopers 88-79.

The Jan. 18 matchup was the first overtime game for Northwest under coach Buck Scheel and the first double-overtime game since 2010.

“We just have to be more consistent and clean some things up,” Scheel said. “I thought our game at Kearney was a significant piece of that. We battled throughout the entire game, throughout the double overtimes. Looking at some lopsided areas on the stat sheet, there are some things you can’t control.”

Senior Tanya Meyer added 27 points for the Bearcats, which proved to be a team-high. Alongside the scoring effort from Meyer, the senior forward pulled down 14 boards, recording her sixth double-double of the year.

“It’s kind of taken this team longer to click than expected,” Scheel said. “I think a lot of that was just having so many new faces and meshing returners with the new (girls) and them figuring each other out and us figuring them out.”

Even though the Bearcats haven’t found the win column in some time, freshman Mallory McConkey said they are close and said intensity is up in practice.

“Seeing how well we’ve been doing made the girls feel like they were making more of a difference in practice,” McConkey said. “It’s more enjoyable. I still enjoy playing basketball, but it’s more enjoyable when you feel like you’re doing better. So it’s helped.”

The 5-foot-9-inch guard had 18 points on the weekend and logged the second-highest minutes total in the marathon game against Nebraska-Kearney.

SEE **WOMEN | A9**

# WHITE OUT GAME

THIS SATURDAY!

# \$5.00

T'S AVAILABLE  
NOW

SCREEN PRINTING & EMBROIDERY

**OPEN**  
M-F 9:30 to 7pm  
Sat. 9:30 to 5pm

On 4th St. next to the new Planet Sub!